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While hops are commonly associated with beer brewing, they are also edible and offer several potential health benefits when consumed in moderation. In fact, hops have been used for medicinal purposes for centuries due to their various compounds that have antioxidant and anti-inflammatory properties.

[Can You Eat Hops? Explore the Edible Benefits & Uses](#)

[hukins-hops.co.uk : our-story : new-s-press : can-you-eat-hops](#)

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Hops can be eaten; the young shoots of the vine are edible and can be cooked like asparagus.

[Hops - Wikipedia](#)

[en.wikipedia : wiki : Hops](#)

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Veteran is a difficulty level and the hardest in most Call of Duty games, with the exception of Call of Duty: Black Ops III and Call of Duty: Infinite Warfare where the Realistic, Specialist and #YOLO difficulties are introduced, as well as Call of Duty: Modern Warfare, Call of Duty: Black Ops Cold War, and Call of Duty: Warzone.

[Call of Duty: Warzone - ...](#)

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