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[How to redeem a code on Xbox Series X|S and Xbox One](#)

Press the Xbox button to open the guide, and then select Store.

Press the View button to open the side menu, and then select Redeem.

Enter the 25-character code, select Next, and then follow the prompts.

[How to redeem gift cards and codes - Xbox Support](#)

[support.xbox.com/help/redeem-codes-gifting/redeem-prepaid-codes](#)

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[Krav Maga's emphasis on real-world self-defense and potentially lethal techniques makes it less suitable for the regulated environment of MMA competition.](#)

1. Krav maga techniques are designed for survival and often escape rather than "victory" or dominance.

[If Krav Maga is so effective, why is it not featured in MMA fights? - Quora](#)

[quora.com/If-Krav-Maga-is-so-effective-why-is-it-not-featured-in-...](#)

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