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The enjoyment that some people get from fear is likely not from fear itself. Instead, thrills stem from the physical and emotional release that follows scary situations, according to Seeker, a division of Discovery. For some horror fans, the desire to feel fear is a manifestation of an adrenaline-seeking personality. [The Psychology of Fear: Exploring the Science Behind Horror Entertainment](#) on line.csp.edu : resources : article : psychology-of-fear

So why do we like it? It is a combination of an adrenaline rush and an opportunity to learn about dealing with scary situations in a safe environment, researchers say. Clasen and his colleagues identified three broad types of horror fans: adrenaline junkies, white knucklers and dark copers. [Why we like scary things: The science of recreational fear](#) - Washington Post : wellness : 2024/10/27 : why-we-like-scary-th...

Five Nights At Freddy's Game is a captivating yet terrifying journey into the realm of animatronic robots. The player's primary objective is survival. As night falls, the monstrous robots begin their hunt, and the player must stay hidden and make sure they are not found or seen until dawn. It's a challenging and terrifying scenario.